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## Amendments to the Claims

- 1. (currently amended) An exercise equipment system, said system comprising an elastic strap having a pair of rigid collars fitted to said strap at spaced apart locations along said strap, and a plurality of different grip components which removably mount to a center securement port of said collars; said strap at said collars said plurality of grip components including hand grips and a bar; said strap wrapping around each collar leaving said center securement port of the collar open; said bar when removably mounted to said strap receiving said collars on opposite ends of said bar with said bar extending through said center securement ports.
- 2. (original) An exercise equipment system as claimed in Claim 1 wherein said collars are adjustable lengthwise along said strap.
- 3. (original) An exercise equipment system as claimed in Claim 1 wherein said strap has a rectangular cross-section.
- 4. (currently amended) An exercise equipment system as claimed in Claim 4-1 wherein said collars are cylindrical and said strap—wraps around said collars—and said system includes clips on said strap for removably securing said strap tightly wound around said collars.

## 5. (cancelled)

6. (currently amended) An exercise equipment system as claimed in Claim 1 wherein one of said components comprises a said bar which fits in both of said collars and holds said collars spaced from one another allows said collars to rotate relative to a longitudinal axis of the bar.

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- 7. (original) An exercise equipment system as claimed in Claim 6 wherein said bar is formed from a plurality of bar segments, at least one of said segments comprising a main body portion with reduced diameter end portions, other of said segments comprising end fittings which fit on the end portions.
- 8. (original) An exercise equipment system as claimed in Claim 6. wherein said bar comprises a plurality of bar segments which snap lock connect to one another.
- 9. (currently amended) An exercise equipment system as claimed in Claim 1 wherein one of said grip components comprises a door grip formed by a thin pliant strap having a hook receiving loop at one end of the pliant strip for hooking to the elastic strap and having a doorstop member at the other end of the pliant strip strap.
- 10. (new) An exercise equipment system as claimed in claim 1 wherein each grip component cooperates with said collars when connected thereto to form a pivotal connection therebetween.